

Get active in the **NORTH WEST 2019**

Sport, recreation and physical activity
opportunities for older adults



The Tasmanian Government recognises the many benefits that come from participating in sport, recreation and physical activity. These include health, wellbeing, economic and social benefits.

This publication provides information on some of the opportunities available to older adults in north-west Tasmania.

The information in this booklet was accurate as at October 2018. The listings should not be regarded as recommendations from Communities, Sport and Recreation.

It is the responsibility of all individuals to ensure they are physically capable of participating in activities and to check arrangements for their safety with each organisation.

**To receive notification of the next edition of Get Active,
or to add your activity, email: sportrec@communities.tas.gov.au**

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ARCHERY

Burnie Bowmen Archery Club

- When:** Sunday 10am - 12pm (beginners when scheduled)
Sunday 1pm (outdoor club shoots)
Wednesday and Friday 7:30pm (indoor shoots)
Last Saturday each month 1pm (field shoots)
- Where:** Beginners and outdoor club shoots - Parklands High School sports oval, off Roslyn Avenue, Burnie
Indoor shoots - Upper Burnie Memorial Hall
Field shoots - Blythe Scout Camp
- Cost:** \$75 four-week beginners' course, club shoots \$5 per session
- Contact:** Ian Bessell on 6419 7054
- Email:** burniebowmen@archerytasmania.org.au
- Website:** www.burniebowmen.archerytasmania.org.au
- Wheelchair accessible**

ART

Burnie Coastal Art Group Inc

- When:** Tutoring: Tuesday 9:30am - 12:30pm
Art Classes: Tuesday 6pm - 8pm
Studio hire: Wednesday and Thursday painting group 10am - 3pm
Card Making: twice a month, phone for details
- Where:** Studio 2 Eleven, 211 Mount Street, Burnie
- Cost:** \$40 membership
- Contact:** Suzanne Hennessy on 0419 504 539
- Email:** art@burniecoastalartgroup.org.au or suzart1954@gmail.com
- Website:** www.burniecoastalartgroup.org.au

BOWLS - INDOOR

Flat-soled shoes must be worn for bowling

Circular Head Indoor Bias Bowls Club

When: Tuesday 7:30pm (April to July)
Where: Various venues
Cost: \$45 annual registration
Contact: Dick Huisman on 0448 965 065
Email: djhuisman@bigpond.com
Facebook: Circular Head Indoor Bowls

Wheelchair accessible

Riana Indoor Bias Bowls Club (Emu Bay Association)

When: Tuesday and Thursday 7:30pm (March to July)
Where: Riana Community Centre, Main Road, Riana
Cost: \$50 membership plus \$3 practice and \$3 pennant per night
Contact: Rene King on 6437 2882 or 0427 504 158
Email: renmicking@gmail.com

Wheelchair accessible

Somerset Indoor Bias Bowls Club

When: Monday 12:30pm - 3pm social bowls
Tuesday pennant practice 7:00pm - 8:30pm
Thursday pennant 7:15pm
Where: Somerset Recreation Centre, Beaufort Street
Cost: \$3 for social bowls - three games plus cup of tea
\$40 registration for pennant plus \$5 per pennant night
Contact: Pauline Beamish on 0438 351 496 or
Kerry Saward on 6435 1269
Email: pauline.beamish@bigpond.com or familysaward@bigpond.com

Wilmot Indoor Bowls Club

When: Monday 7pm - 9:30pm (winter only), supper after
Where: Wilmot Hall, Main Street, Wilmot
Cost: \$5 membership
Contact: John Burton on 0428 027 200

BOWLS - OUTDOOR

Flat-soled shoes must be worn for bowling

Burnie Bowls Club

When: Tuesday - Friday 6pm - 9pm, Saturday 1pm - 9pm
Where: Burnie Bowls Club, 15 Fidler Street, Cooeee
Contact: Mark Nitz on 0427 328 922
Email: info@burniebowls.com
Website: www.burniebowls.com

Latrobe Bowls and Community Club

When: Summer outdoor, winter indoor bowls (phone for details)
Where: Victor Street, Latrobe
Cost: Phone for details
Equipment: Bowls are available for use
Contact: Club on 6426 1276
Email: bowlsclub@latrobebowlsclub.com
Facebook: Latrobe Bowls Club

Wheelchair accessible

South Burnie Bowls Club

- When:** Wednesday 1pm social bowls, 6pm corporate/barefoot bowls
Where: 2 Hale Street, South Burnie
Cost: \$6 for social bowls, \$10 for corporate/barefoot bowls (includes a light meal)
Equipment: Bowls are available for use
Contact: Club on 6431 3695 or 0417 331 790
Email: sbbowls@gmail.com
Website: www.southburniebowlsclub.com.au
Facebook: South Burnie Bowls & Community Club Inc, Burnie Tasmania

Smithton Bowls Club

- When:** Phone for details
Where: Mella Road, Smithton
Contact: Rodney O'Halloran (President) on 0448 654 384
Email: rodneyohalloran@rocketmail.com
Website: www.smithtoncountryclub.com.au
Facebook: Smithton Bowls Club

Wheelchair accessible

Turners Beach Bowls and Community Club

- When:** Contact club for details
Where: 5 Henry Street, Turners Beach
Cost: Phone for details
Equipment: Bowls may be provided for use
Contact: Eraine Haywood (Executive Director) on 6428 2301
Email: tbbci38@bigpond.com

Wheelchair accessible

Wynyard Bowls and Community Club Inc

- When:** Bowls all year round
Monday 1:30pm (crib) and 7:30pm (bingo)
Where: 15 Park Street, Wynyard
Cost: Membership and green fees
Contact: Cheryl Mackrell on 6442 2536
Email: wynyardbowlsclub@gmail.com
Facebook: Wynyard Bowls & Community Club

BRIDGE

Burnie Bridge Club

When: Monday 6:45pm and Thursday 12:45pm
Where: Burnie Sports Centre, Southwell Street, Upper Burnie
Cost: \$20 annual membership plus \$5 per session
Contact: Christine Tongs on 0439 118 316
Email: burniebridgeclub@gmail.com
Website: www.bridgewebs.com/burnie

Wheelchair accessible

Devonport Bridge Club

When: Monday 1:30pm (novice), Wednesday and Friday 9:30am
Where: Devonport Bridge Club, 104 Tasman Street, Devonport
Cost: \$35 annual subscription plus \$5 table fees per session
Contact: Secretary Devonport Bridge Club via email
Email: devonportbridge@bigpond.com
Website: www.bridgewebs.com/devonport

COMMUNITY HOUSES

Devonport Community House

When: Monday - Friday 9am - 4pm
Where: 10 Morris Avenue, Devonport
Cost: Varies according to activity
Contact: Kate Beer on 6424 7060
Email: devhouse@internode.on.net
Website: www.devonportcommunityhouse.com.au
Facebook: Devonport Community House

Wheelchair accessible

East Devonport Community House

When: Monday - Thursday 9:30am - 4:30pm, Friday 9:30am - 1:30pm
Where: 106 David Street, East Devonport
Cost: \$3 - \$7 per session
Contact: Tracey Carter on 6427 9985
Email: esch@westnet.com.au
Website: www.edch.com.au

Phoenix Community House - King Island

When: Monday - Friday 10am - 3pm
Where: 24 Albert Street, Currie, King Island
Cost: Varies according to activity
Contact: Sally Haneveer on 6462 1746
Email: phoenixhouse1@bigpond.com.au
Facebook: Phoenix Community House

Ulverstone Neighbourhood House

Where: 8 Lugana Crescent, West Ulverstone
Cost: Varies according to activity
Contact: Simon Douglas on 6425 4186
Email: manager@ulvhouse.com.au
Facebook: Ulverstone Neighbourhood House

Zeehan Neighbourhood Centre

When: Monday - Thursday 8:30am - 3:30pm,
Friday 8:30am - 2:30pm
Where: 27 Belstead Street, Zeehan
Cost: Varies depending on program
Contact: Melissa Crosbie (Manager) on 6471 6108
Email: manager.znc@zeehan.net.au
Facebook: Zeehan Neighbourhood Centre

Wheelchair accessible

COMMUNITY GROUPS

Emmerton Park Inc

What: Range of activities for older members of the community and Emmerton Park residents.

When: Bingo and morning tea: Tuesday 10am
Bowls: Monday 10am, Wednesday 2pm and Friday 10am
Cards: Friday 1pm
Craft day: second Saturday of each month
Darts: Sunday 1pm
Knitting group: Monday 1:30pm
Scrabble: Thursday 1:30pm

Where: Emmerton Park, 2 Upper Grant Street, Smithton

Cost: \$1 or \$2 depending on activity

Contact: Gaylene de Jonge on 6452 9400

Email: gaylene.dejonge@emmertonpark.com.au

Wheelchair accessible

COMMUNITY TRANSPORT

CTST - Community Transport Services Tasmania

What: Don't let transport be the reason you miss out. If you or a loved one is finding it difficult to attend one of the fantastic activities or events on offer then CTST can help. CTST provides friendly and affordable statewide door-to-door transport services for the over 65s, and for people with a disability, for social activities and non-emergency medical appointments. With a range of vehicles including busses with wheelchair access, sedans and even an electric car, CTST is dedicated to getting you where you need to be.

When: Monday - Friday 7:30am - 5pm (after hours by negotiation)

Where: Statewide

Cost: Starting at \$7 return

Contact: 1800 781 033

Email: info@ctst.org.au

Website: www.ctst.org.au

Facebook: Community Transport Services Tasmania

COMPUTERS

Devonport Online Access Centre

- When:** Monday and Thursday 8:45am - 5:30pm
Tuesday, Wednesday and Friday 8:45am - 7:00pm
Saturday 9:30am - 1:30pm
Sunday 2:00pm - 6:00pm
- Where:** Level 1, paranaple centre, 137 Rooke Street, Devonport
- Cost:** Casual \$2 per hour, classes \$10 per session
- Contact:** 6478 4226
- Email:** devonport.oac@education.tas.gov.au

COTA TASMANIA (COUNCIL ON THE AGEING)

- What:** COTA Tasmania is the peak body representing the needs and interests of older people in Tasmania.
- When:** Monday - Friday 9am - 4pm (appointments preferred)
- Location:** 'Westella', 181 Elizabeth Street, Hobart
- Contact:** 6231 3265
- Email:** admin@cotatas.org.au
- Website:** www.cotatas.org.au
- Wheelchair accessible**

COUNTRY WOMEN'S ASSOCIATION

Country Women's Association

- When:** Various, phone for details
- Where:** Various coastal locations (plus West Coast), phone for details
- Contact:** Gwen Pulford on 6424 4463
- Email:** npulford@bigpond.net.au

Country Women's Association - King Island Pagarah Branch

- When:** Third Wednesday of each month 11am
- Where:** CWA Hall, 11 Edward Street, Currie
- Cost:** \$45 annual membership plus \$4 per meeting
- Contact:** Shirley Stebbings on 6462 1600

Wheelchair accessible

CROQUET

Devonport Croquet Club

When: Wednesday and Saturday 10am - 12pm and 1pm - 3pm
both days

Where: 39 North Fenton Street, Devonport

Cost: \$3 green fee for members, \$5 for visitors

Equipment: Club mallets provided, flat soled shoes to be worn

Contact: Heather Myers on 0447 346 414

Email: devonportbowls@gmail.com

Website: www.croquettas.com

Wheelchair accessible

Latrobe Croquet Club

When: Monday - Saturday 10am - 3pm

Where: George Street, Latrobe

Cost: \$5 green fee

Equipment: Club mallets provided, flat soled shoes to be worn

Contact: Chris West on 0499 990 239

Email: croquetlatrobe@gmail.com

Website: www.croquettas.com

CYCLING

Bicycle Network Tasmania - North West

What: Social rides on quiet country roads along the North
West Coast

When: Last Sunday of each month at 11am

Where: Various rural roads from Port Sorell to Stanley, call for details

Cost: \$5 for non-members

Contact: Roger Nichols on 6425 9577 or 0418 508 435

Email: roger.nichols@bigpond.com

Website: www.biketas.org.au/events

Cradle Coast Mountain Bike Club

- What:** Racing, social rides, trail building and maintenance
When: See website or Facebook for details
Where: Penguin Mountain Bike Park, Ironcliffe Road, Penguin, or as advertised
Email: club@ccmbc.com.au
Website: www.ccmbc.com.au
Facebook: Cradle Coast Mountain Bike Club
Wheelchair accessible

DANCING

Bootscootin' Devils

- When:** Tuesday 6:30pm - 9pm, Thursday 9:30am - 12pm
Where: Ulverstone Rowing Club, Kings Parade, Ulverstone
Cost: \$5 per person per session
Equipment: Wear comfortable shoes tied and/or strapped to the foot
Contact: Kathrine Bayles on 0407 985 176
Email: bootscootindevils@hotmail.com
Facebook: Bootscootin' Devils

Cradle Coast Cloggers

- What:** Clogging is a tap-style dance
When: Monday, Tuesday and Wednesday evening
Where: Monday - Penguin, Tuesday - Wynyard, Wednesday - Burnie (phone for further details)
Cost: \$60 one-off fee for beginner program, thereafter pay-as-you-go, \$5 per hour session up to a maximum of \$10 per week
Equipment: Wear flat, comfortable shoes - taps added later
Contact: Jan Collins on 0415 922 433
Email: cradlecoastcloggers@gmail.com
Website: www.cloggingaustralia.com
Facebook: Cradle Coast Cloggers

Fonzies Country Line Dancing

When: Monday 6:45pm - 9pm
Where: Our Lady of Lourdes Hall, Stewart Street, Devonport
Cost: \$6 per class
Contact: Kerrie Anne on 6427 0642 or 0418 570 358
Email: kernig@bigpond.com

North West Line Dancers

When: Tuesday 10am - 12pm
Where: Wynyard Scout Hall, Percy Street, Wynyard
Cost: \$5 per session
Equipment: Wear comfortable stable shoes
Contact: Nikki on 6445 1569
Email: nikki@ezistonetas.com.au

Scottish Country Dancing - Boat Harbour

When: Thursday 10am - 12pm (beginners welcome)
Friday 9:30am - 11:30am
Where: Boat Harbour Gospel Hall, Bass Highway, Boat Harbour
Cost: \$5 Thursday, \$3 Friday
Equipment: Wear soft soled shoes
Contact: Nikki on 6445 1569
Email: nikki@ezistonetas.com.au

Scottish Country Dancing - Burnie

When: Tuesday 7:30pm - 9:30pm
Where: St George's Hall, Cattley Street, Burnie
Equipment: Wear soft soled shoes
Cost: \$5 per session
Contact: Trina Moule on 6425 2630
Email: m4tmoule@gmail.com

PEOPLE WITH DISABILITY

New Horizons Club Inc

- When:** Refer to website for variety of activities, times and locations
Cost: \$32 annual membership, \$55 families, \$26 juniors
Contact: Office on 6326 3344
Email: info@newhorizonsclub.org.au
Website: www.newhorizonsclub.org.au
Facebook: New Horizons Club Inc.

Wheelchair accessible

Possability

- What:** Out and about social group
When: Alternate Saturdays 9:30am - 3:30pm
Where: Burnie
Cost: \$10 for bus plus cost per activity - call for details
Equipment: Bring a packed lunch, weather appropriate clothing
Contact: Jodie Wilton on 0407 685 975
Email: jwilton@possability.com.au
Website: www.possability.com.au
Facebook: Possability

Wheelchair accessible

DRAGON BOATS

Dragons Abreast North West

- When:** Saturday 9am
Where: Mersey Yacht Club, East Devonport
Cost: Phone for details
Equipment: Life jacket and paddle provided
Contact: Jenny Moore on 0407 241 534
Email: devonport@dragonsabreast.com.au
Website: www.dragonsabreast.com.au
Facebook: Dragons Abreast Nth West Tasmania (Devonport)

Dragon Boating Deloraine Inc

When: Sunday 10am - 11am, Thursday 6pm - 7pm

Where: Meander River, Deloraine

Cost: \$5 paddler levy per session

Equipment: Life jacket and paddle provided

Contact: Peter Ashton on 0409 234 061

Email: patasaust@gmail.com

Facebook: Deloraine Flames Dragon Boat Club

EXERCISE

Ageing Stronger Active Longer Seniors Program

What: Open to Devonport residents aged 60 years and over. Low impact fitness sessions. Class is suitable for all levels of fitness. Afternoon tea and occasional guest speakers.

Devonport

When: Tuesday 1pm - 2pm, Thursday 12pm - 1pm (no classes during school holidays)

Where: Table Tennis Centre, Devonport Recreation Centre, Forbes Street, Devonport

East Devonport

When: Wednesday 2pm - 3pm (no classes during school holidays)

Where: East Devonport Recreation and Function Centre, Caroline Street, East Devonport

Cost: Gold coin donation

Equipment: Medical clearance is required. Seating available if required.

Contact: Axel Verschuren or Anne-Maree Scully on 6424 4109 between 9am - 3pm Monday - Friday

Email: recreation@devonport.tas.gov.au
or ascully@devonport.tas.gov.au

Wheelchair accessible

Circular Head Exercise Group

- When:** Friday 10am - 11am
Where: Senior Citizens Centre, Seniors Drive, Smithton
Cost: \$2.50 per session
Contact: Coral Blake on 6452 2089
Wheelchair accessible

Pilates with Alecia

- What:** Pilates and movement with balance
When: Monday 10:45am – 11:30am,
eight week term commencing 11 February
Where: Phone for details
Cost: \$10 per session
Contact: Alecia Rayner on 0400 150 280
Facebook: Alecia Rayner Pilates and Stretch Classes

Queenstown Squash and Fitness Centre

- What:** Squash courts, gym area and regular aerobics/yoga classes held by a qualified instructor
When: Open 24/7
Where: Orr Street, Queenstown
Cost: Annual membership, monthly and casual rates available, phone for details
Contact: West Coast Council on 6471 4700
Email: wcc@westcoast.tas.gov.au
Website: www.westcoast.tas.gov.au/gyms

Wynyard Fitness

- What:** Group exercise, 24/7 gym
When: 24/7 gym for members
9am - 5pm office and casual visits
Where: 45 Goldie Street, Wynyard
Cost: Varies depending on service - see website
Contact: Shaun Mulloy or Hollie Davis on 6442 3844
Email: info@wynfit.com.au
Website: www.wynfit.com.au

Wheelchair accessible

Yoga with Debbie

- What:** Traditional Hatha yoga classes - the original yoga which involves breathing, stretching and relaxing which will result in you being a more balanced and stronger person.
- When:** Tuesday: Seniors 2:30pm
Friday: all ages 11am, Saturday: all ages 10am
or phone to discuss other possible times
- Where:** West Ulverstone (phone for directions)
- Cost:** \$10 per hour class
- Contact:** Debbie Graham on 0476 151 669
- Email:** deb_graham08@hotmail.com

Yoga with Jane

- What:** Move, breathe, relax, meditate, stay young, stay strong and flexible. Boost coordination, balance and peace of mind.
- When:** Tuesday 7pm - 8pm
Wednesday 2pm - 3:30pm
Friday 9am - 10:30am
- Where:** Penguin (phone for directions)
- Cost:** \$10 per hour class, \$15 per 90 minute class.
Government pension \$2 discount.
- Equipment:** Bring water to drink
- Contact:** Jane Bennett on 0415 339 560
- Email:** jane.bennett@iinet.net.au
- Website:** www.druryoga.com.au

Wheelchair accessible

Zeehan Squash and Fitness Centre

- What:** Squash courts and gym with cardio and weights equipment
- When:** Open 24/7
- Where:** Counsel Street, Zeehan
- Cost:** Annual membership, monthly and casual rates available,
phone for details
- Contact:** West Coast Council on 6471 4700
- Email:** wcc@westcoast.tas.gov.au
- Website:** www.westcoast.tas.gov.au/gyms

Zumba Gold with Jackie

- What:** Zumba Gold is perfect for older adults who are looking for a modified Zumba class. It involves lower-intensity moves choreographed to focus on balance, range of motion and coordination.
- When:** Wednesday and Friday 10am - 11am
- Where:** Moriarty Hall, 1 Bonneys Lane, Moriarty
- Cost:** \$5 per session
- Equipment:** Wear flat soled shoes
- Contact:** Jackie Urbanczyk on 0427 969 429
- Email:** jax_tetahi@hotmail.com
- Website:** www.jackiehaineszumba.com
- Facebook:** Zumba with Jackie Devonport

FIELD NATURALISTS

Burnie Field Naturalists Club Inc

- What:** Nature outings and study
- When:** Second Friday of each month 2pm (meeting)
Field trips the Sunday following the meeting
- Where:** Meetings: Guide Hall, Howe Street, Burnie
Field trips: various locations in the north of the state
- Cost:** \$25 single, \$30 family annual membership, plus Sunday outings \$20 bus fare club members, \$25 visitors, \$5 children (children must be accompanied by a responsible adult)
- Contact:** Geoffrey Wickham on 6442 1253
- Website:** www.burniefieldnats.com
- Facebook:** Burniefieldnaturalist

FILM SOCIETY

Crystal Theatre Film Society - Stanley

- What:** Screening a variety of films for members and a cuppa afterwards
- When:** Last Friday of each month 7:30pm (except December)
- Where:** Stanley Town Hall
- Cost:** \$50 individual annual membership, \$40 concession, Individual incremental payment of \$10 for each screening until membership has been paid in full
- Contact:** Maureen Webb (Secretary/Treasurer) on 6458 1158
- Email:** maureen.webb2@bigpond.com
- Facebook:** Crystal Theatre Film Society

Wheelchair accessible

North West Film Society Inc

- What:** Showing films that are very recent, high quality, near-mainstream and mostly foreign
- When:** Mainly first Wednesday of each month (occasionally other Wednesdays) 6:30pm for 7pm
- Where:** CMAX Cinemas, 5-7 Best Street, Devonport
- Cost:** \$100 full annual membership (up to 13 films in a calendar year)
\$60 part membership
(five films - can be used up in following year)
Entry is by membership only
- Contact:** David Harcombe on 0475 796 384
- Email:** nwfs@nwfs.org.au
- Website:** www.nwfs.org.au
- Facebook:** North West Film Society

Wheelchair accessible

FISHING

North West Fisheries Association - Penguin Branch

- When:** First Monday of each month 7:30pm
Where: Penguin Fire Station, Main Street, Penguin
Cost: \$20 membership
Contact: Reg Peebles on 6437 2276, Dean Mainwaring on 6425 5541
or Kerry Hayes on 0438 257 898

FRIENDSHIP GROUPS

50 Plus Leisure Group

- When:** Second Wednesday of each month 12pm (luncheons)
Where: Based in Ulverstone - different venues each month
Cost: Varies depending on outing
Contact: Jean Boyd OAM on 6425 3703

Hatters to Go

- When:** First and third Wednesday of each month 11:30am - 1:30pm
Where: Various locations, phone for details
Cost: \$12 annual membership
Contact: Merveen Rutherford on 0429 946 692 or
Merlene Button on 0458 026 282
Email: rudd.2@bigpond.com

North West Caravan Club

- What:** Friendly, social group who enjoy caravanning.
Hold club meetings, BBQs, rallies and pub lunches
plus other activities as per annual program.
When: Meetings: four per year, conducted on Thursday 7:30pm
Where: Church of Christ, 21 Queen Street, Ulverstone
Cost: \$5 annual membership
Contact: George Newman (President) on 0427 563 196

GARDENING

Australian Plants Society North West Group

What: Meetings, garden visits, field excursions, plant propagation of Australian natives

When: Third Tuesday of each month 7:30pm (except January)

Where: Mersey Regional Library meeting room, paranaple centre, Rooke Street, Devonport

Cost: \$40 annual membership

Contact: Riitta Boevink on 6428 6909

Email: riittavink@gmail.com

Website: www.apstas.org.au

Wheelchair accessible

Burnie Garden Club

When: Second Thursday of each month 7:30pm (except January and July)

Where: Uniting Church Hall, Mount Street, Burnie

Cost: \$15 single, \$20 family annual membership

Contact: Lena Challis on 6435 1219

Email: lena.challis@bigpond.com

Burnie Orchid Society

When: Meetings: First Wednesday of each month 7:30pm (except January)
Orchid Show 11-13 October
(Burnie, Arts and Function Centre \$5 adult admission)

Where: Burnie Golf Club, 47-49 Scarfe Street, Camdale

Cost: \$14 single, \$16 double annual membership

Contact: Cheryl Poke on 0448 987 255

Email: bapoke@bigpond.com

Wheelchair accessible

Circular Head Garden Club

- What:** Guest speakers, garden visits, trips, trade table, fellowship
When: Usually fourth Wednesday of each month,
phone for further details
Where: Seniors Centre, Gardner Avenue, Smithton
Cost: \$10 annual membership
Contact: Lynne Bramich on 0427 561 374 or
Joanne Marthick on 0488 418 142
Email: lynnebramich@active8.net.au
or joanne.marthick@education.tas.gov.au
Facebook: Circular Head Garden Club Inc
Wheelchair accessible

Devonport Garden Club

- When:** Second Tuesday of each month 7:30pm
Where: Red Room, Baptist Church, Williams Street, Devonport
Cost: \$20 annual subscription
Contact: Joyce Tuxworth on 6424 7032 or 0400 627 867
Email: oakleyr@hotmail.com or dev.garden@hotmail.com
Website: www.devonportgardenclub.org.au
Wheelchair accessible

Emu Valley Rhododendron Garden

- What:** Friendly environment, from meet and greet to gardening and
lots more
When: Seven days 9am - 5pm
Where: 55 Breffny Road, Romaine
Cost: Nil
Contact: Kathy Gordon or Geoff Wood on 6433 1805
Email: enquiries@evrg.com.au
Website: www.emuvalleyrhodo.com.au
Facebook: Emu Valley Rhododendron Garden
Wheelchair accessible

Port Sorell Garden Club

- What:** Share plants, produce, visit gardens, guest speakers on all aspects of gardening
When: Last Thursday of each month 7:30pm
Where: Anglican Church Hall, Rice Street, Port Sorell
Cost: \$10 joining fee, \$5 annual subscription
Contact: Elizabeth Archer (President) on 6428 8168
Email: psgardenclub18@gmail.com

Tasmanian Floral Art Society Inc

- When:** Various
Where: Hobart, Longford, Port Sorell and others as required
Cost: \$10 annual subscription plus workshop fee
Contact: Norma Gordon on 6244 1271 or Lillian Williams on 6442 3837
Email: mervyn.gordon@bigpond.com
Website: www.ausfloralart.org.au

Wheelchair accessible

Wynyard Garden Club

- What:** Guest speakers, visits to gardens etc.
When: Third Wednesday of February, April, May, August, October and November 7:30pm
Where: Uniting Church Hall, Dodgin Street, Wynyard
Cost: \$10 single, \$15 double annual registration plus \$2 per evening
Contact: Helen Dixon (Secretary) on 6442 3181

GOLF

Burnie Golf Club

- When:** Monday, Friday and Sunday all day.
All other days are competition days available to visiting members.
- Where:** Scarfe Street, Camdale
- Cost:** \$20 per day green fees
- Contact:** Brian Joseph on 0427 820 795
- Email:** burniegc@bigpond.com
- Website:** www.burniegc.com
- Facebook:** Burnie Golf Club

Devonport Golf Club

- When:** 7 days a week daylight to dusk
- Where:** 66 Woodrising Avenue, Spreyton
- Cost:** Range of memberships and social - see website for details
- Equipment:** Clubs can be owned or hired
- Contact:** Tom Cowlard (Manager) on 6427 2381
- Email:** tom@devonportgolfclub.com.au
- Website:** www.devonportgolfclub.org.au

Port Sorell Veteran Golfers Group

- When:** Tuesday 9am (men), Thursday 9am (ladies)
- Where:** Shearwater Boulevard, Shearwater
- Cost:** Phone for details
- Contact:** Chris Smith on 6428 6149

Queenstown Golf Club

- When:** Any day, any time
- Where:** Lynchford Road, Queenstown
- Cost:** Full membership available or casual rate
- Contact:** Simon Whittington on 0428 569 757
- Email:** queenstowngolfclub@bigpond.com.au or sdwhittington@gundahar.net

Rosebery Golf Club

When: Phone for availability
Where: Murchison Highway, Rosebery
Cost: Call for costs
Contact: 6473 1112
Facebook: Rosebery Golf Club

Sheffield Golf Club

When: Saturday (club), Tuesday (veterans), Wednesday (ladies)
Where: 214 Nook Road, Sheffield
Cost: \$10 green fees
Equipment: Clubs for hire
Contact: Neville Weeks (Clubhouse Manager) on 6491 1184 or
Neville Pulford (Secretary) on 0408 136 720
Email: npulford@bigpond.net.au
Website: www.sheffieldgolfclub.net.au
Clubhouse wheelchair accessible

Strahan Golf Club

When: Phone for availability
Where: 1 Meredith Street, Strahan
Cost: Call for costs
Contact: 6471 7242
Facebook: Strahan Golf Club

Thirlstane Golf Club

- When:** Social golf seven days a week.
Competition days: Tuesday ladies, Wednesday veterans and members, Saturday members.
- Where:** 291 Squeaking Point Road, Thirlstane
- Cost:** \$20 green fees or \$10 after 3pm (4pm during Daylight Saving)
Competitive membership rates - see website for details
- Equipment:** Some clubs and push trolleys available for hire
Two electric carts available for hire - bookings required
- Contact:** Club on 6428 6488
- Email:** secretary@thirlstanegolfclub.com.au
- Website:** www.thirlstanegolfclub.com.au

Zeehan Golf Club

- When:** Phone for availability
- Where:** Fowler Street, Zeehan
- Cost:** Call for costs
- Contact:** 6471 6158
- Email:** arthur.youd@mmg.com

HANDICRAFTS

Burnie Handweavers, Spinners and Dyers Guild

- When:** First Saturday of each month 10am - 3pm
(except for January and December)
- Where:** Uniting Church, Fidlers Street, Cooee
- Cost:** Membership plus \$3 per meeting
- Equipment:** Bring spinning wheel if spinning, loom if weaving
or turn up for lessons
- Contact:** Kim Shadbolt on 0437 708 109
- Website:** www.hwsdguilddtasmania.org
- Wheelchair accessible**

Chat 'n' Choose - Latrobe

- When:** Wednesday 10am - 12pm during school terms
Where: Latrobe Baptist Church Hall, Gilbert Street, Latrobe
Cost: \$2 per session (includes morning tea)
Contact: Glenis Smith on 6426 1220 or
Fay Horne on 6426 1740

Wheelchair accessible

Chat 'n' Choose - Wynyard

- When:** Thursday 10am - 12pm during school terms
Where: Wynyard Baptist Church Hall, corner Hogg
and Dodgin Streets, Wynyard
Cost: \$1 per session
Contact: N Gates on 0429 351 370
Email: nanny.gates40@gmail.com

Wheelchair accessible

Embroiderers' Guild of Tasmania Inc - Central Coast Branch

- When:** Monday 10am - 2:30pm
Where: Ulverstone Presbyterian Hall, 59 Main Street, Ulverstone
Cost: \$35 per annum
Equipment: Bring basic sewing kit and project
Contact: Noelene McCarthy on 6425 5050
Email: nmccarthyau@yahoo.com.au

Embroiderers' Guild of Tasmania - Devonport Branch

- When:** Tuesday 10am - 2pm and Thursday 7pm - 9pm
Where: Tuesday: Quoiba Room, Devonport paranaple centre,
Rooke Street, Devonport
Thursday: Devonport Community and Health Centre,
Steele Street, Devonport
Cost: Phone for details
Contact: Alison Wise on 0421 803 486
Email: alisonwise@gmail.com

Handweavers, Spinners and Dyers Guild Tas Inc - Wild West Coast Zeehan Branch

- What:** Handweaving, spinning, felt making, dyeing, basketry, knitting, crochet and workshops
- When:** Last Thursday of each month 10am - 3:30pm (except January and December)
- Where:** Zeehan Neighbourhood Centre, Belstead Street, Zeehan
- Cost:** \$35 per annum Guild membership plus \$2 per meeting
- Equipment:** Bring your loom or spinning wheel (some provided) and a current project
- Contact:** Stralie Stralford-Pearn on 6471 6462
- Email:** bushcottage@spin.net.au
- Website:** www.hwsdguildtasmania.org

Wheel accessible

Quilting Group @ the Hub (Queenstown)

- When:** Call for details
- Where:** West Coast Community Services Hub, 9-13 Driffield Street, Queenstown
- Cost:** Gold coin donation
- Contact:** The Hub on 6495 1530
- Email:** westcoasthub@education.tas.gov.au
- Facebook:** West Coast Community Services Hub

HISTORY

Burnie Historical Society Inc

- When:** Third Thursday of January, March, May, July, September and November 7:30pm
- Where:** First Floor foyer, Burnie Library
- Cost:** \$10 annual subscription
- Contact:** Brian Rollins (Secretary) on 0419 551 250
- Email:** burnie.history@gmail.com or brian.rollins@bigpond.com

Wheelchair accessible

Historical Machinery Club of Tasmania

- What:** Collect, restore and show heritage machinery and memorabilia
- When:** First Tuesday of each month 7:30pm
- Where:** Club rooms, Park Avenue (off Ironcliff Road), Penguin
- Cost:** \$45 initial joining fee then \$40 annually
- Contact:** John Booth (Secretary) on 0417 228 247
- Email:** john.booth57@bigpond.com
- Website:** www.hmct.com.au
- Facebook:** Historical Machinery Club of Tasmania Inc
- Wheelchair accessible**

Penguin History Group Inc

- When:** Wednesdays 10am - 12pm and 7pm - 9pm
- Where:** Penguin Railway Station, Main Street, Penguin
- Cost:** \$25 annual subscription. Visit by donation.
- Contact:** Craig Dunham 6437 2941 or 0418 559 224 or Bill Koetsier on 0488 715 431
- Email:** penguin.history@bigpond.com
- Facebook:** Penguin History Group
- Wheelchair accessible**

West Coast Family and Local History Group

- When:** Wednesday 12:30pm - 3pm
- Where:** West Coast Community Services Hub, 9-13 Driffield Street, Queenstown
- Cost:** Nil
- Contact:** 6495 1530
- Email:** westcoasthub@education.tas.gov.au
- Facebook:** West Coast Community Services Hub
- Wheelchair accessible**

LAPIDARY

Devonport Lapidary Club Inc

- What:** Learn to cut, shape and polish gemstones.
Create unique pieces of jewellery.
- When:** Friday and Saturday 9am - 3pm (excluding public holidays)
- Where:** 31 Bay Drive, Maidstone Park, Spreyton
- Cost:** \$35 single, \$50 family annual fee plus daily fees of \$6 adults,
\$2 juniors
- Contact:** Tony Young on 0419 177 591
- Email:** devlap@yahoo.com.au
- Website:** www.devonportlapidary.com
- Facebook:** The Devonport Lapidary Club
- Wheelchair accessible**

LIONS CLUBS

Burnie Emu Bay Lions Club

- When:** First and third Tuesday 6:30pm
- Where:** Burnie Greens, 1 Saundridge Road, Cooee
- Cost:** \$100 annual membership
- Contact:** David Cooke on 0418 996 341
- Email:** burnieemubay@lionstasmania.org
- Website:** www.burnieemubay.tas.lions.org.au
- Facebook:** Burnie Emu Bay Lions Club
- Wheelchair accessible**

Forth Valley Lions Club

- When:** Second and fourth Wednesday of each month 7pm
(and other times as required)
- Where:** Bridge Hotel, Forth
- Cost:** \$50 membership and optional \$20 meal per meeting
- Contact:** Di Robb on 0422 876 562
- Email:** d.robb@internode.on.net

Lions Club of Port Sorell

When: First and third Wednesday of each month
6:30pm for 7pm start
Where: Shearwater Resort, Shearwater Boulevard, Shearwater
Cost: \$70 per annum
Contact: By mail: PO Box 27, Port Sorell 7307
Email: lionsportsorell@gmail.com

Lions Club of Queenstown

When: Second and fourth Tuesday of each month 7pm
Where: The Queenstown Club
Cost: Contact for costs
Contact: Greg Whittington
Email: lions@queenstowntasmania.com or gregwhit81251@gmail.com
Facebook: Lions Club of Queenstown

Lions Club of Rosebery

When: Second Tuesday of each month 7pm
Where: Hollywood Street, Rosebery
Cost: Phone for costs
Contact: Nancy Hawes on 6473 1372 or 0439 853 949
Email: nandghawes@southcom.com.au
Facebook: Rosebery Lions Club

Smithton Circular Head Lions Club Inc

When: First Wednesday and third Monday of each month 6:30pm
Where: First Wednesday: RSL Club, 123 Nelson Street, Smithton
Third Monday: Lions Den, 62 Nelson Street, Smithton
Cost: \$100 family, \$60 individual annual membership.
\$5 entry to Stanley Dockside Festival 3 and 4 November,
4pm Saturday - 4pm Sunday
Contact: Sheryl Robson on 0457 461 573
Email: sheryl.robson1@gmail.com or smithtonlionsclub@gmail.com

Zeehan Lions Club

Contact: June Scott on 6471 6119 for all details

MEN'S SHEDS

Central Coast Community Shed

- What:** Men's Shed, Ladies Group and 'Coffin Club'
When: Men's - Monday, Wednesday and Friday 9am - 1pm
Ladies - Tuesday 12:30pm - 3:30pm
Coffin Club - Tuesday 10am - 12:30pm
Where: Blue Shed, NW corner Showground,
off Flora Street, West Ulverstone
Cost: \$2 per session or annual membership available
Contact: Shed supervisors on 0417 038 366 or
Melissa Budgeon (Central Coast Council) on 6429 8900
Email: centralcoastcommunityshed@gmail.com
Wheelchair accessible

Circular Head Men's Shed

- When:** Contact for information
Where: 'Emmerton Park', Senior Drive, Smithton
Cost: \$50 annual membership
Contact: Brad Gawne (President) on 0429 668 114
Email: chmensshed@gmail.com
Facebook: Circular Head Men's Shed
Wheelchair accessible

Kentish Community Men's Shed

- What:** Personal and community projects, social gatherings
When: Thursday 9am - 3pm
Where: 3 Spring Street, Sheffield
Cost: Phone for details
Contact: Peter Willcox on 0405 226 610
Email: kentish.menshed@bigpond
Wheelchair accessible

King Island Men's Shed and Community Garden

When: Monday to Friday 10am - 3pm
Where: Phoenix Community House,
24 Albert Street, Currie, King Island
Cost: Varies according to activity
Contact: Sally Haneveer on 6462 1746
Email: phoenixhouse1@bigpond.com.au
Facebook: Phoenix Community House

Latrobe Men's Shed

What: Community projects
When: Wednesday 10am - 12pm (woodturning), Friday 9am - 1pm
Where: Behind Baptist Church, Kings Lane, Latrobe
Cost: \$20 per year full membership plus \$3 per day
Contact: Ralph Terry on 0405 464 023
Email: ralphterry44@tpg.com.au
Wheelchair accessible

Penguin Men's Shed

What: Social shed bringing men together
When: Wednesday and Saturday 9am - 12pm
Where: 5 Sports Complex Avenue, Penguin
Cost: \$50 annual membership
Contact: Terence Ponting (Vice President) on 0427 766 464
Email: penguinmensshed@gmail.com
Facebook: Penguin Mens Shed
Wheelchair accessible

Port Sorell Men's Shed

- What:** Various community projects and men's health
When: Monday - Thursday 9am - 3:30pm, Friday 9am - 1pm
Where: 14 Burgess Way, Port Sorell
Cost: \$45 per annum
Contact: Chairman on 6428 7904
Email: mensshedportsorell@gmail.com
Facebook: Port Sorell Mens Shed Inc
Wheelchair accessible

Wynyard Community Men's Shed

- What:** Woodworking
When: Saturday 9am - 12pm
Where: Cotton Street entrance to Wynyard High School
Cost: \$10 per annum
Contact: John Henshaw on 0438 330 425
Email: henshawjs@gmail.com
Wheelchair accessible

MOTORING

Veteran Car Club of Australia (Tasmania)

- When:** Second Wednesday of each month 1:30pm (cuppa and chat)
Each Thursday 7:30pm (dance practice)
First Saturday of each month 7:30pm (meetings)
Fortnightly Thursdays (craft classes)
Where: Club rooms, Maskells Road, Ulverstone
Cost: \$70 annual membership plus \$10 joining fee
Contact: Helen Stebbings on 6424 3321
Website: www.vccatas.org.au

MUSIC/SINGING

Burnie Concert Band

- When:** Adult groups Monday, junior groups Thursday
Where: Cooee Memorial Hall, Saundridge Road, Cooee
Cost: \$40 annual membership (concession and family discounts), plus \$35 term fees (discount for early bird payment and multiple family members)
Equipment: Some instruments available for hire
Contact: David Turner (Musical Director) on 6431 6870
Email: turnermusic@netspace.net.au
Facebook: Burnie Concert Band

City of Devonport Brass Band

- When:** Tuesday juniors 4pm - 5:30pm, seniors 7:30pm - 9pm
Learner tuition by appointment
Where: Corner Gunn and Nicholls Streets, Devonport
Cost: Annual membership fee (phone for details)
Equipment: Instruments and uniforms provided by band
Contact: Cheryl Harrison on 0437 944 905
Email: devonportbrass@gmail.com
Website: www.devonportbrass.org.au

Hellyer Community Choir

- What:** Open to people with an interest in classical choral music.
Enquiries welcome from beginners to established singers.
When: Monday 7:30pm - 9pm
Where: Burnie Uniting Church Hall, Mount Street, Burnie
Cost: \$120 per year (may be paid in \$30 quarterly instalments)
Contact: Sheila Jordan on 6442 1679
Email: j-sjordan@bigpond.com
Wheelchair accessible

Wynyard Chorale

- What:** Singing in four parts soprano, alto, tenor and bass
When: Tuesday 7:30pm - 9:30pm during school terms
Where: Senior Citizens Club, corner Dodgin and Jackson Streets, Wynyard
Cost: \$90 annually or \$25 per school term plus \$2 each practice night
Equipment: Black folder and black lead pencil
Contact: Carol Gray (President) on 0437 778 810 or Beth Smith (Secretary) on 6442 1464

Wheelchair accessible

PADDLING

Tasmanian Canoe Club

- What:** Whitewater paddling
When: Thursday 5pm - 7pm during daylight savings
River trips throughout the year
(watch Facebook for activities)
Introductory courses with Canoe Ed weekends
Where: Forth Slalom Course, 800 Wilmot Road, Forth
Cost: \$80 membership
Equipment: Club equipment available for members
Contact: Rob van Tholen (Commodore) on 0419 317 630 or
Message the club via Facebook
Email: tas_canoe_club@hotmail.com
Website: www.tcc.canoe.org.au/
Facebook: Tasmanian Canoe Club

PROBUS CLUBS

Kentish Probus Club

When: Second Tuesday of each month 10am
Where: Sheffield Bowls Club, Main Street, Sheffield
Contact: Annelise Hardwicke on 6496 1220
Email: anneliser@dodo.com.au
Website: <http://probussouthpacific.org/microsites/kentish>

Ladies' Probus Club of Burnie Inc

When: First Monday of each month 10am
Where: South Burnie Bowls Club, Hale Street, Burnie
Cost: \$30 annual membership fee
Contact: Elizabeth Singleton on 6431 2203
Email: elizabeth.singleton@bigpond.com

Mersey Valley Ladies' Probus Club

When: Fourth Monday of each month 10am
(except January and December)
Where: Latrobe Senior Citizen Club, Hamilton Street, Latrobe
Cost: Joining fee plus annual subscription
Contact: Mavis Calvert (Secretary) on 0418 140 610
Email: mmcalvert@optusnet.com.au

Wheelchair accessible

Probus Club of Burnie

When: Third Monday of each month 10am
Where: McKenna Park Hockey Complex, Three Mile Line, Burnie
Cost: \$35 per annum plus \$6 morning tea each meeting
Contact: John Matic on 6431 6024
Email: jayem@netspace.net.au

Probus Club of Central Coast Tasmania

When: Third Wednesday of each month 10am
Where: Beachway Motel, 1 Heathcote Street, Ulverstone
Cost: \$25 joining fee plus \$25 annual subscription
Contact: Noelene Griessel on 6437 2281
Email: ngriessel@bigpond.com

Wheelchair accessible

Probus Club of Mersey

When: Second Wednesday of each month 10am
Where: Latrobe Senior Citizens Club, Hamilton Street, Latrobe
Cost: \$20 joining fee plus \$30 annual subscription
Contact: Arnold Goldman on 0425 808 637
Email: agprobus@bigpond.com

Wheelchair accessible

Probus Club of Wynyard

When: Second Monday of each month 10am
Where: Wynyard Senior Citizens Club, 28 Jackson Street, Wynyard
Cost: \$30 annual membership
Contact: Chris Campbell on 6442 4049
Email: ccampbell13@iprimus.com.au

Wheelchair accessible

Rubicon Combined Probus Club

When: Fourth Wednesday of each month 10am (except December)
Where: Port Sorell Golf Club, Shearwater
Cost: Annual membership plus \$2 morning tea
Contact: Elizabeth Archer (President) on 6428 8168 or
Margaret Buck (Secretary) on 6426 1223

Ulverstone Ladies' Probus Club

When: First Monday of each month 9:45am
Where: Ulverstone Bowling Club, 41 Water Street, Ulverstone
Cost: \$25 annual subscription plus \$7 each meeting
Contact: Christine Wright on 0409 802 521

Wynyard Ladies' Probus Club

When: Fourth Friday of each month 10am
Where: Senior Citizens Club, 28 Jackson Street, Wynyard
Cost: \$26 annual membership plus \$5 morning tea
Contact: Alice Smith on 6442 4784
Email: alismith1944@yahoo.com

Wheelchair accessible

PUBLIC SPEAKING

Rostrum Club II Burnie

When: Thursday 6:30pm (except during January and December)
Where: Burnie Library, Alexander Street, Burnie
Cost: \$60 annual membership, initial visits free
Contact: Tim McCarthy on 0498 012 757
Email: timothymc1951@hotmail.com
Website: www.rostrum.com.au/tas

Spirit of Devonport Toastmasters Club

When: Second and fourth Tuesday of each month 6:45pm - 9pm
Where: Melaleuca Hall, Melaleuca Home for the Aged, Ann Street, East Devonport
Cost: \$50 joining fee plus annual fee paid bi-annually (2 x \$78)
Contact: Louisa Dawson on 6428 8831 or 0447 456 894
Email: elledee@inet.net.au

Wheelchair accessible

Word Wizards - Ulverstone

When: Second and fourth Tuesday 2pm - 4pm
Where: Ulverstone Senior Citizens Club
Cost: \$20 annually
Contact: Jan Hamilton on 6425 3541
Email: gjhammer@bigpond.com

RETIREES

Tasmanian Retired Teachers' Association - Devonport Branch

What: Excursions and lunches
When: Phone for details
Where: Devonport
Cost: \$15 annual subscription, \$10 associates (husband or wife)
Contact: Anne Tiffin on 6424 7695

Kentish U3A (University of the Third Age)

What: A community run, self-help organisation, offering the sharing of knowledge for the over 50's, especially those in their retirement or semi-retirement years. University is a loose term – there are no academic requirements for membership and no exams.

When: Every day of the week
Where: Various venues in the Kentish Municipality (phone for details)
Cost: \$30 per year
Contact: Jennifer Braid on 0409 196 876
or Leoni Read on 0429 705 062
Email: kentishu3a@gmail.com
Website: www.kentishu3a.u3anet.org.au
Facebook: Kentish U3A

Wheelchair accessible to most venues

Port Sorell U3A (University of the Third Age)

- What:** A learning community for people in retirement or planning for retirement. There is a range of educational, creative, social and recreation activities on offer.
- When:** Three terms per year (approximately 10 weeks) autumn, winter and spring. Phone or check website for further details.
- Where:** Banksia Centre, Port Sorell
and other venues in the Port Sorell area
- Cost:** \$45 membership per annum
plus a small venue charge per session. No tuition fees.
- Contact:** Office at Banksia Centre 10am - 12pm
weekdays on 0499 162 539
- Email:** mail@portsorellu3a.org.au
- Website:** www.portsorell.u3anet.org.au
- Facebook:** Port Sorell U3A
- Wheelchair accessible**

ROWING

Ulverstone Rowing Club

- Where:** Kings Parade, Ulverstone
- Cost:** \$60 - \$220 (varies)
- Contact:** The club via the following
email clubcaptain@ulverstonerowingclub.org.au
- Email:** info@ulverstonerowingclub.org.au
- Website:** www.ulverstonerowingclub.org.au
- Facebook:** Ulverstone Rowing Club

RUNNING

Burnie Parkrun

- What:** A free, weekly, timed 5km run or walk.
Everyone is welcome to come along and join in.
- When:** Saturday 9am
- Where:** Burnie Foreshore, North Terrace, Burnie
- Cost:** Free
- Equipment:** Your personal barcode (supplied on registration)
- Contact:** Rick Ferguson (Event Director) on 0418 331 442
- Email:** burnieoffice@parkrun.com
- Website:** www.parkrun.com.au/burnie

Devonport Parkrun

- What:** A free, weekly, timed 5km run or walk.
Everyone is welcome to come along and join in.
- When:** Saturday 8am
- Where:** Mersey Bluff, Devonport
(Starts on the walking track beside surf club)
- Cost:** Free
- Equipment:** Your personal barcode (supplied on registration)
- Email:** devonportoffice@parkrun.com
- Website:** www.parkrun.com.au/devonport
- Facebook:** Devonport parkrun

Port Sorell Parkrun

- What:** A free, weekly, timed 5km run or walk.
Everyone is welcome to come along and join in.
- When:** Saturday 9am
- Where:** Port Sorell Surf Lifesaving Club,
1 Dumbleton Street, Hawley Beach
- Cost:** Free
- Equipment:** Your personal barcode (supplied on registration)
- Email:** portsorelloffice@parkrun.com
- Website:** www.parkrun.com.au/portsorell

Railton Parkrun

- What:** A free, weekly, timed 5km run or walk.
Everyone is welcome to come along and join in
- When:** Saturday 9am
- Where:** Lions Park, corner Foster Street and Kimberley Road, Railton
- Cost:** Free
- Equipment:** Your personal barcode (supplied on registration)
- Email:** railtonoffice@parkrun.com
- Website:** www.parkrun.com.au/railton

The Professional Cross Country Club of Tasmania (PCCCT)

- What:** Cross country and road running
- When:** Sunday 10am (early March to mid-September)
- Where:** Various North West locations (see website)
- Cost:** \$40 annual registration plus \$5 race entry
- Contact:** Gerard Leary (Treasurer) on 0407 320 790
- Email:** gerard.leary@live.com.au
- Website:** www.pccct.org
- Facebook:** The Professional Cross Country Club of Tasmania

Wynyard Foreshore Parkrun

- What:** A free, weekly, timed 5km run or walk.
Everyone is welcome to come along and join in.
- When:** Saturday 9am
- Where:** East Wynyard Foreshore (near Yacht Club),
Old Bass Highway, Wynyard
- Cost:** Free
- Equipment:** Your personal barcode (supplied on registration)
- Email:** wynyardforeshoreoffice@parkrun.com
- Website:** www.parkrun.com.au/wynyardforeshore

SAILING

Burnie Yacht Club

When: Sunday 9:00am
Where: The Esplanade, South Burnie
Cost: \$150 family annual membership including Learn to Sail, boat hire and safety equipment
Contact: Craig Barwick on 6430 5353
Email: craig.barwick@loanmarket.com.au

Leven Yacht Club

When: Most Saturdays between September and April
Where: 3 Dial Street, Ulverstone
Cost: Membership plus race fees
(prospective members can sail for free)
Contact: Isaac Mearns (Commodore) on 0437 469 896
Email: levenyachtclubinc@gmail.com
Facebook: Leven Yacht Club

Wynyard Yacht Club

What: Sailability, Learn to Sail, Racing, Powerboat licences
When: Weekdays and weekends from October to April
Where: 2A Old Bass Highway, Wynyard
Cost: \$250 family, \$190 adult, \$60 youth annual membership
Contact: Chris Symonds on 0459 108 066
Email: secretary@wynyard.org
Website: www.wynyard.org/sailing
Facebook: Wynyard Yacht Club

Wheelchair accessible

SCHOOL FOR SENIORS

Burnie School for Seniors

- When:** Tuesday and Wednesday 10am
Where: Burnie Sports Centre, Southwell Street, Upper Burnie
Cost: \$15 per term
Contact: Jane Rudd on 0417 035 444 or
Lesley Thompson on 0448 539 504
Email: crudd@bigpond.com (Jane) or wine@usa.net (Lesley)

Wheelchair accessible

Devonport School for Seniors

- When:** Alternate Tuesdays 10am
Where: The Oval Function Centre, James Street, Devonport
Cost: \$3 per session (plus \$30 per annum social membership
of Devonport Football Club)
Contact: Garry and Robyn Anderson on 0409 006 670

SCRABBLE

Ulverstone Scrabble Club

- When:** Wednesday 9:30am
Where: Neighbourhood House, 8 Lugana Crescent, Ulverstone
Cost: \$5 per session
Contact: Jan Hill on 6425 5415
Email: jhill03@bigpond.net.au

Wheelchair accessible

SENIOR CITIZENS CLUBS

Burnie Senior Citizens Club

- When:** Monday 8:30am - 12:30pm (eightball), 1pm - 3pm (bingo)
Tuesday 8:30am - 12:30pm (eightball), 1pm - 3pm (500 cards)
Wednesday 8:30am - 12:30pm (eightball),
12:30pm - 3pm (bowls), 7pm - 9pm (crib)
Friday 10am - 11am (tai chi), 12:30pm - 3pm (bowls)
Saturday 7pm - 9pm (bowls)
- Where:** Jones Street, Burnie
- Cost:** \$5 annual membership plus small cost for some activities
- Contact:** Club on 6431 5017 or Bev Targett on 0418 351 980
- Email:** burnieseniorcitizen@yahoo.com.au

Circular Head Senior Citizens Club

- When:** Concert Rehearsals: Friday 1pm - 2pm
Indoor Bowls: Monday, Wednesday and Friday 1:30pm - 4pm
Social afternoon: Tuesday 1:30pm,
last Tuesday of the month 3:30pm
- Where:** Seniors Centre, Upper Grant Street, Smithton
- Cost:** \$6 annual membership plus \$2.50 per session for bowls
- Contact:** Coral Blake on 6452 2089

Wheelchair accessible

Devonport Senior Citizens

- When:** Tuesday 9:30am - 11:30am (choir), 1pm (Bingo),
Thursday and Saturday 1pm (bowls)
- Where:** 8 Victoria Parade, Devonport
- Cost:** \$10 annual membership plus \$2 per activity
- Contact:** Colleen Holloway at club on 6424 5470 or 0409 314 707
- Email:** ckholloway@bigpond.com

Wheelchair accessible

Penguin Senior Citizens Club

When: Thursday (on pension week) 2pm
Where: 1 The Crescent, Penguin
Cost: \$5 annual membership, socials \$3 plus \$2 raffle
Contact: Joy Fry on 0411 957 367
Email: stjf08@gmail.com

Wheelchair accessible

Queenstown Senior Citizens Club

When: Wednesday 10:30am - 4pm
Where: Driffield Street, Queenstown
Cost: \$20 to join, \$1 for morning tea, fees for some activities
Contact: Bev Mee on 6471 1065

Ulverstone Senior Citizens Club

When: Choir practice Monday 1:30pm
Bowls Tuesday, Thursday and Saturday 12:45pm
Seniors' Forum Tuesday 9:45am
Word Wizards second and fourth Tuesday of each month 2pm
Crib Wednesday 1pm
500 Friday 1pm
Where: 16 King Edward Street, Ulverstone
Cost: \$15 annual membership plus \$4 per activity
Contact: Jan Hill on 6425 5415
Email: jhill03@bigpond.net.au

Wheelchair accessible

Wynyard Senior Citizens

What: Art, belly dancing, bingo, bowls, crib, country music group, exercise group, scrabble, Tai Chi, yoga
When: Phone for details
Where: 28 Jackson Street, Wynyard
Cost: \$5 annual membership plus fee per activity
Contact: Kay Edwards on 6442 4818

SHOOTING

Burnie Clay Target Club Inc

- When:** Wednesday 4:30pm start (practice)
Second Saturday of each month 10am start (competition)
- Where:** Round Hill range, Burnie
- Cost:** Practice \$8 per round, competition \$50 per day
- Equipment:** Range approved shot gun and current firearms licence required
- Contact:** Jason McLaren on 0417 582 479
- Email:** bctcsecretary@gmail.com
- Facebook:** Burnie Clay Target Club Inc

Penguin Clay Target Club

- When:** Second Sunday of each month 9:30am
- Where:** Hardys Road, Penguin
- Cost:** \$50 per 100 targets
- Equipment:** Firearms licence required
- Contact:** Matthew Baldock on 0419 879 634
- Email:** baldy@eftel.net.au
- Website:** www.penguinclaytargetclub.com
- Facebook:** Penguin Clay Target Club

Wheelchair accessible

Smithton Rifle Club Inc

- When:** Second and fourth Saturday of each month 1pm
(phone 0438 584 172 to confirm shoots)
- Where:** Smithton Rifle Range, 100 Rifle Range Road, Smithton
- Cost:** \$20 per day for visiting shooters, visiting non-shooters free
- Equipment:** Bring rifle and current Tasmanian or Interstate Firearms Licence (required for visiting shooters)
- Contact:** Stephen Tamassy on 0438 584 172
- Email:** stephen@ezistonetas.com.au

SOFTBALL

Latrobe & Districts Softball Association

- When:** Saturday (October – March)
Where: Latrobe Recreation Ground, Gilbert Street, Latrobe
Contact: Sheryl Burnie on 0409 383 960
Email: shezburnie@netspace.net.au

SOROPTIMIST INTERNATIONAL

Soroptimist International of Burnie Inc

- When:** Fourth Monday of each month 6:30pm
Where: Burnie RSL Club, 36 Alexander Street, Burnie
Cost: \$130 annual membership plus meal cost at dinner meetings
Contact: Diane Mevissen on 6431 1724
Email: siburnie@siswp.org
Facebook: Soroptimist International of Burnie Tasmania

Wheelchair accessible

Soroptimist International of Circular Head Inc

- When:** Third Monday of each month 6:30pm
Where: Circular Head Council Chambers, Goldie Street, Smithton
Cost: \$110 annual membership plus meal cost at dinner meetings
Contact: Gillian Haines on 0419 534 865
Email: sicircularhead@siswp.org
Facebook: Soroptimist International of Circular Head

Wheelchair accessible

Soroptimist International of Devonport Inc

- When:** First Wednesday of each month
(except January) 6pm for 6:30pm
- Where:** St John's Hall, Fenton Street, Devonport
- Cost:** \$135 annual membership plus meal cost at dinner meetings
- Contact:** Avis Colgrave on 6427 0197
- Email:** sidevonport@siswp.org
- Website:** www.soroptimistdevonport.com.au
- Facebook:** Soroptimist International Devonport
- Wheelchair accessible**

SQUASH

Devonport Squash Club

- When:** Tuesday 6:30pm (pennant), Saturday 2pm (training)
- Where:** Devonport Recreation Centre, 34 Forbes Street, Devonport
- Cost:** See website
- Contact:** 0419 007 603 or 0419 861 118
- Email:** info@devonportsquash.com.au
- Website:** www.devonportsquash.com.au
- Facebook:** Devonport Squash Club - Tasmania

Queenstown Squash and Fitness Centre

- What:** Three squash courts
- When:** Open 24/7
- Where:** Orr Street, Queenstown
- Cost:** Annual membership, monthly and casual rates available, phone for details
- Contact:** West Coast Council on 6471 4700
- Email:** wcc@westcoast.tas.gov.au
- Website:** www.westcoast.tas.gov.au/gyms

Zeehan Squash and Fitness Centre

- What:** Two squash courts and gym with cardio and weights equipment
- When:** Open 24/7
- Where:** Counsel Street, Zeehan
- Cost:** Annual membership, monthly and casual rates available, phone for details
- Contact:** West Coast Council on 6471 4700
- Email:** wcc@westcoast.tas.gov.au
- Website:** www.westcoast.tas.gov.au/gyms

SUPPORT GROUPS

Heartbeat Tasmania Inc - Ulverstone Branch

- What:** Support, reassurance and friendship for people with cardiac problems
- When:** Fourth Monday of each month 1pm (except December)
- Where:** Ulverstone Fire Station Hall, Lovett Street, Ulverstone
- Cost:** \$10 per annum and 50 cents per meeting
- Contact:** Maureen Stewart on 0427 686 414

SWIMMING

Wynyard Fitness

- What:** Learn to swim, lap and leisure swimming
- When:** Various, see website or Facebook page
- Where:** 45 Goldie Street, Wynyard
- Cost:** See website
- Contact:** Shaun Mulloy or Hollie Davis on 6442 3844
- Email:** info@wynfit.com.au
- Website:** www.wynfit.com.au
- Facebook:** Wynyard Fitness

Wheelchair accessible

TABLE TENNIS

Burnie Table Tennis League

- What:** Competition and social table tennis
When: Sunday 4pm - 7pm, Wednesday 6pm - 10pm
Where: Police and Citizens Youth Club, Terrylands, Burnie
Cost: \$10 registration plus \$2 weekly fee
Equipment: Loan bats available (balls, nets, tables supplied)
Contact: Gordon Roberts on 0488 734 291
Email: gordonrobertsnt@hotmail.com
Facebook: Burnie Table Tennis
Wheelchair accessible

TAI CHI

East Devonport

- When:** Tuesday 10:45am - 11:45am,
Wednesday 9:30am - 10:30am and 10:45am - 11:45am
Where: East Devonport Recreation Centre
Cost: \$7 per session
Equipment: Comfortable clothes and shoes
Contact: East Devonport Community House on 6427 9985
Email: lisa_esch@westnet.com.au
Website: www.edch.com.au

East Devonport - Tai Chi for Arthritis

- When:** Tuesday 9:30am - 10:30am
Where: East Devonport Recreation Centre
Cost: \$7 per session
Equipment: Comfortable clothes and shoes
Contact: East Devonport Community House on 6427 9985
Email: Lisa_esch@westnet.com.au
Website: www.edch.com.au

Tai Chi for Health

What: Tai Chi is a gentle exercise proven to strengthen muscles, improve stamina, blood circulation, balance and relaxation. This program is specially designed by medical and Tai Chi experts, suitable for beginners, is safe and easy to learn. Class is suitable for all levels of fitness.

When: Wednesday 2pm - 3pm (no classes during school holidays)

Where: Table Tennis Centre, Devonport Recreation Centre, Forbes Street, Devonport

Cost: Gold coin donation

Equipment: Medical clearance is required. Seating available if required.

Contact: Anne-Maree Scully on 6424 4109
(between 9am - 3pm Monday to Friday)

Email: ascully@devonport.tas.gov.au

Wheelchair accessible

Tai Chi with Bob @ the Hub (Queenstown)

When: Monday and Thursday 7pm - 8pm

Where: West Coast Community Services Hub, 9-13 Driffield Street, Queenstown

Cost: \$3 per session

Contact: The Hub on 6495 1530

Email: westcoasthub@education.tas.gov.au

Facebook: West Coast Community Services Hub

Wheelchair accessible

Tai Chi with Barbara

When: Monday 1pm and 2:45pm, Tuesday 9am and 10:45am, Wednesday 9:30am, Thursday 9:15am

Where: Ulverstone, Devonport, East Devonport and Port Sorell
Phone for more specific details

Cost: \$7 per class

Contact: Barbara on 6425 5275

Email: barb3taichi@gmail.com

Wheelchair accessible

TENNIS

East Devonport Tennis Club

- When:** Monday from 4:30pm (during daylight savings)
Thursday and Saturday from 1pm, Sunday 10am - 12pm,
Wednesday from 10am (ladies pennant)
- Where:** Wright Street, East Devonport (adjacent to bowls club)
- Cost:** Various memberships available
- Contact:** Glenis Janney on 6424 3753
- Email:** djanney39@gmail.com

Forth Valley Tennis Club

- When:** Monday 10am, Tuesday 4pm,
Wednesday 10am (pennant), Sunday 10am
- Where:** Mell Street, Forth
- Cost:** \$90 family, \$60 single, \$40 student annual membership
- Contact:** Carole Warke (Secretary) on 6428 2874 or 0439 983 888, or
Anna Findlater (President) on 6428 2221 or 0418 282 248
- Email:** carolstathers@msn.com or findlatera@bigpond.com.au

Wheelchair accessible

Rosebery Tennis Club

- When:** Contact for schedule and casual availability
- Where:** Hey Street, Rosebery
- Cost:** Various memberships available; casual court hire available
- Contact:** Malcolm Williams on 0448 206 653

Smithton Tennis Club Inc

- When:** Monday, Tuesday, Wednesday (competition),
Thursday (social tennis)
- Where:** Smithton tennis courts, Nelson Street, Smithton
- Cost:** \$60 adults, \$30 juniors per roster
- Contact:** Laura Korpershoek on 0438 916 101
- Email:** lkorpershoek@chcs.tas.edu.au

Wynyard/Somerset Tennis Club

- What:** Social and competitive tennis,
all welcome regardless of skill level
- When:** Somerset: Saturday 11am (social tennis)
Wynyard: Twilight Tuesday 6:30pm,
Friday 10:30am (social tennis)
- Where:** Tennis Court Road, Somerset (four plexipave courts)
Johnson Place, Wynyard (two plexipave courts)
- Cost:** \$2 ball money every two weeks (varies)
- Contact:** Jennifer Boyle-Watson on 0427 644 515 or
Gloria Agg on 0400 185 280
- Email:** secretarywstc@gmail.com or
jennyandbrucewatson@bigpond.com
- Website:** www.tennis.com.au/wstc
- Wheelchair accessible**

WALKING

Circular Head Walking Club

- When:** Alternate Saturdays (phone for details)
- Where:** Various locations
Program available in local libraries or phone for details
- Cost:** \$35 single, \$60 family annual membership
- Contact:** Heather Newman on 6442 3088
- Email:** chwcwalkabout@gmail.com

Deloraine Walking Club

- When:** Every weekend (usually Saturdays)
- Where:** Various locations
- Cost:** \$25 single, \$47 couple, \$50 family per year,
\$5 per walk for non-members
- Contact:** Diane Godfrey on 0407 879 893
- Email:** digodfrey296@gmail.com
- Website:** www.delorainewalkingclub.weebly.com

Devonport

When: Thursday 10am - 11am
Where: Various Devonport city walking tracks (phone for details)
Cost: Free
Equipment: Wear comfortable clothes and shoes
Contact: East Devonport Community House on 6427 9985
Email: lisa_esch@westnet.com.au
Website: www.edch.com.au

Devonport Over 50s Walking Group

When: Thursday - various times (phone for details)
Where: Different weekly venues (phone for details)
Cost: Nil - no joining fee
Contact: Christine Foster on 0417 141 651 or 6426 1826, or
Chris Cripps on 0423 960 093 or 6428 3214
Email: sprat5@hotmail.com or billybulldog@hotmail.com

Heart Foundation Walking Group (Port Sorell)

When: Tuesday 9:30am
Where: Various walks around Port Sorell area - meet at car park,
Freer Street, Shearwater
Cost: Nil
Contact: Jo Holland on 0409 855 989
Email: joholland53@yahoo.com.au

North West Walking Club

When: See website for program
Where: Walks all over Tasmania
Cost: Small membership fee, transport costs shared
Email: contact@nwwc.org.au
Website: www.nwwc.org.au

Wynyard/Burnie/Ulverstone Walker's Group

- What:** Walking for pleasure
When: Tuesday 11am
Where: Phone for details
Cost: Nil
Contact: Marlene Smart on 6431 9040
Ian & Beryl McArthur on 6425 1348 or
Joy and David Wookey on 6442 5265

WRITING

Fellowship of Australian Writers - North West Branch

- When:** Monthly
Where: Varied locations in North West Tasmania
Cost: \$20 annual membership
Contact: The Secretary on 6432 3672
Email: fawtas@y7mail.com
Website: www.fawnw.com



Department of Communities Tasmania
Communities, Sport and Recreation

Phone: 1800 252 476

sportrec@communities.tas.gov.au

www.dpac.tas.gov.au/divisions/csr/sportrec

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Get Moving Tasmania website:

www.getmoving.tas.gov.au